

12 DAYS OF PRAYER + FASTING.

2025

FACILITATED BY RADAH CHURCH

MARCH 17TH THRU MARCH 29TH.



Radah Church 12-Day Fast Guide

March 17, 2025 (11:59 PM) – March 29, 2025 (5:00 PM)

A Message from Apostle Mike Woods

“I believe the power of fasting as it relates to prayer is the spiritual atomic bomb that our Lord has given us to destroy the strongholds of evil and usher in a great revival and spiritual harvest around the world.

Increasingly, I have been gripped with a growing sense of urgency to call upon God to send revival to our beloved country.

I encourage you to join me in fasting and prayer again and again until we truly experience revival in our homes, our churches, our beloved nation, and throughout the world.”

— Apostle Mike Woods

Theme: “A Sacrifice for Souls”


We are fasting for the Salvation of Souls and the Synergy of the Saints. This is a time of consecration, prayer, and focus as we seek God for transformation in our lives and in the lives of others.

Daily Schedule

- 5:00 AM - Corporate Prayer (Join us in seeking God together.)
- 12:00 PM - Teaching with Apostle Woods (Live on social media.)
- 5:00 PM - One Meal Per Day (Follow fasting guidelines below.)


Fasting Guidelines

 One Meal Per Day at 5:00 PM

 Water Only – Stay hydrated throughout the fast.

 Foods to Eat:

- Fruits & Vegetables
- Nuts & Seeds
- Whole Grains (Quinoa, Brown Rice, etc.)
- Legumes (Beans, Lentils, Chickpeas, etc.)

 Foods to Avoid:

- All Meat, Poultry, and Seafood
- Fake Meats (e.g., Impossible Meat, Beyond Meat)
- Carbs (White Rice, Bread, Pasta, etc.)
- Sweets (Candy, Pastries, Sugary Foods)
- Sodas & Sugary Drinks

Daily Scripture Readings

Week 1: Evangelism – A Passion for Souls

- Day 1 (March 18) – Matthew 28:18-20 (The Great Commission)
- Day 2 (March 19) – Romans 10:13-15 (How will they hear without a preacher?)
- Day 3 (March 20) – Acts 1:8 (You shall be witnesses to the ends of the earth.)
- Day 4 (March 21) – 2 Corinthians 5:17-20 (We are ambassadors for Christ.)
- Day 5 (March 22) – John 4:35-36 (The harvest is ready!)
- Day 6 (March 23) – Luke 15:4-7 (Heaven rejoices over one lost soul saved.)

Week 2: Unity – Synergy of the Saints

- Day 7 (March 24) – Psalm 133:1-3 (How good and pleasant it is for brothers to dwell together in unity!)
- Day 8 (March 25) – Ephesians 4:1-6 (One body, one Spirit, one hope.)
- Day 9 (March 26) – John 17:20-23 (Jesus prays for our unity.)
- Day 10 (March 27) – 1 Corinthians 1:10 (Be of one mind, united in thought and purpose.)
- Day 11 (March 28) – Acts 2:42-47 (The early church lived in unity and power.)
- Day 12 (March 29) – Philippians 2:1-4 (Consider others above yourselves.)

Spiritual Focus

- Prayer: Seek God for souls to be saved and for unity in the body of Christ.
- Scripture Meditation: Engage with the daily readings and ask the Holy Spirit for revelation.
- Worship & Repentance: Make room for God's presence in your life and intercede for revival.

Expect Breakthrough!

Prepare your heart for a deeper connection with God, greater spiritual alignment, and a supernatural move in the lives of those we are interceding for. Stay committed, stay prayerful, and expect God to move!

Let's fast, pray, and believe together! 🙏🔥

#ASacrificeForSouls #RadahChurch